

College of Behavioral and Social Sciences

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SelfAssess

BSOSselfassess

updated 9/29/22

Self-Assessment

Name:		UID:		Date:	
Current Major:		Previous Major:			
Earned Credits:		GPA:			

What is Academic Probation and Academic Dismissal?

Students will be placed on academic probation if their cumulative GPA falls below 2.0. Normally, a student is expected to attain a 2.0 cumulative GPA at the end of any probationary semester. Students who have earned 60 credits or more will be dismissed from the University in the event their cumulative GPA remains below a 2.0 at the end of their probationary semester. Students who are on probation and attain a cumulative GPA of 2.0 at the end of a winter or summer term will not be subject to dismissal in the subsequent semester. Students who are on academic probation and have earned fewer than 60 credits will be permitted to continue on academic probation if a minimum semester GPA of 2.0 is achieved in each semester of probation. Full details are outlined in the University of Maryland Undergraduate Catalog at: <https://academiccatalog.umd.edu/>

Please take time to reflect on the questions below. During your meeting you and your advisor will discuss your responses and create an academic action plan.

In your own words, please describe the factors that contributed to your academic difficulties?

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What other roles/responsibilities do you have outside of being a UMD student?

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In thinking about your academic situation,

What factors were outside of your control?	What could you have done differently?

In spite of difficulties, I am proud of the following: (both academic and personal)

What classes have you been successful in/enjoyed? Explain.

Do you enjoy your major? Explain.

Please describe your career/educational goals.

What steps have you taken in the past to improve your academic situation? Include resources you have utilized.

Please answer the following questions for informational purposes:

Gender: Male Female Other

Race: White Black Asian American Indian
 Hawaiian Unknown Two or More Foreign Other

Ethnicity: Hispanic Non-Hispanic

Age: _____

Entered UMD as: First Time Freshman Freshman Connection/Abroad
 Transfer from a 2-year institution Transfer from a 4-year institution

First Generation College Student: Yes No

Do you need to maintain a certain GPA for a Scholarship, Grant, or Program? Yes No

What is the GPA needed? _____

Please indicate what has led to your current academic probation/dismissal? (Check all that apply)

Academic/Study Skills

Major/Career-Related

Personal/Family/Social Issues

- Concentration
- Difficulty in classes/course selection
- Time management
- Heavy course load
- Unable to understand material
- Poor study skills
- Academic adjustment
- Attendance issues/ Missed a lot of classes
- Learning Issues/Disability
- Test taking
- Awareness of grades
- Poor math skills
- Poor writing

- Difficulty in major courses
- Uncertain academic/career goals
- Unsure of interests, skills, and abilities
- Unsure of major choice
- Parental pressure for a certain major/career
- Employment/work schedule
- Internship
- Research

- Family problems/responsibilities
- Motivation
- Nervousness
- Physical illness
- Involvement in campus life
- Getting enough sleep
- Alcohol/drugs/environment
- Too much time on TV, video games, computer
- Roommate
- Financial
- Mental health
- Commuting
- Relationship
- Loneliness
- Rushing

Other:

Please indicate all Campus resources you have used.

- | | | |
|--|--|---|
| <input type="checkbox"/> College Advising | <input type="checkbox"/> Department Advising | <input type="checkbox"/> Writing Center |
| <input type="checkbox"/> Disability Support Service (DSS) | <input type="checkbox"/> Career Center | <input type="checkbox"/> Math Department/Math Success |
| <input type="checkbox"/> Counseling Center/Mental Health Services | <input type="checkbox"/> Health Center/Health Services | <input type="checkbox"/> Resident Life |
| <input type="checkbox"/> Financial Aid/Student Accounts | <input type="checkbox"/> Office of Student Conduct | <input type="checkbox"/> Other: |
| <input type="checkbox"/> Office of Multi-Ethnic Student Education (OMSE) | <input type="checkbox"/> Faculty/Staff | |

Which of the following academic policies are you aware of?

- | | |
|--|--|
| <input type="checkbox"/> Probation/Dismissal Policies | <input type="checkbox"/> Repeat Policy: Total repeat credits allowed |
| <input type="checkbox"/> Repeat Policy: Forgiveness | <input type="checkbox"/> Repeat Policy: Repeat by transfer |
| <input type="checkbox"/> Repeat Policy: Number of repeats per course | <input type="checkbox"/> Withdrawal Policy |
| <input type="checkbox"/> Academic Clemency | |