**College of Behavioral and Social Sciences**  
2148 Tydings Hall, College Park, MD 20742  

**SelfAssess**  
BSOSselfasess  
updated 9/29/22

**Self-Assessment**

<table>
<thead>
<tr>
<th>Name:</th>
<th>UID:</th>
<th>Date:</th>
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<tbody>
<tr>
<td>Current Major:</td>
<td>Previous Major:</td>
<td>Earned Credits:</td>
</tr>
<tr>
<td>GPA:</td>
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**What is Academic Probation and Academic Dismissal?**

Students will be placed on academic probation if their cumulative GPA falls below 2.0. Normally, a student is expected to attain a 2.0 cumulative GPA at the end of any probationary semester. Students who have earned 60 credits or more will be dismissed from the University in the event their cumulative GPA remains below a 2.0 at the end of their probationary semester. Students who are on probation and attain a cumulative GPA of 2.0 at the end of a winter or summer term will not be subject to dismissal in the subsequent semester. Students who are on academic probation and have earned fewer than 60 credits will be permitted to continue on academic probation if a minimum semester GPA of 2.0 is achieved in each semester of probation. Full details are outlined in the University of Maryland Undergraduate Catalog at: [https://academiccatalog.umd.edu/](https://academiccatalog.umd.edu/)

Please take time to reflect on the questions below. During your meeting you and your advisor will discuss your responses and create an academic action plan.

**In your own words, please describe the factors that contributed to your academic difficulties?**

**What other roles/responsibilities do you have outside of being a UMD student?**

**In thinking about your academic situation,**

<table>
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<th>What factors were outside of your control?</th>
<th>What could you have done differently?</th>
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In spite of difficulties, I am proud of the following: (both academic and personal)

What classes have you been successful in/enjoyed? Explain.

Do you enjoy your major? Explain.

Please describe your career/educational goals.

What steps have you taken in the past to improve your academic situation? Include resources you have utilized.
Please answer the following questions for informational purposes:

Gender:  
- Male 
- Female 
- Other

Race:  
- White 
- Black 
- Asian 
- American Indian 
- Hawaiian 
- Unknown 
- Two or More 
- Foreign 
- Other

Ethnicity:  
- Hispanic 
- Non-Hispanic

Age:  

Entered UMD as:  
- First Time Freshman 
- Freshman Connection/Abroad 
- Transfer from a 2-year institution 
- Transfer from a 4-year institution

First Generation College Student:  
- Yes 
- No

Do you need to maintain a certain GPA for a Scholarship, Grant, or Program?  
- Yes 
- No

What is the GPA needed?  

Please indicate what has led to your current academic probation/dismissal? (Check all that apply)

### Academic/Study Skills

- Concentration
- Difficulty in classes/course selection
- Time management
- Heavy course load
- Unable to understand material
- Poor study skills
- Academic adjustment
- Attendance issues/ Missed a lot of classes
- Learning Issues/Disability

### Major/Career-Related

- Difficulty in major courses
- Uncertain academic/career goals
- Unsure of interests, skills, and abilities
- Unsure of major choice
- Parental pressure for a certain major/career
- Employment/work schedule
- Internship
- Research

### Personal/Family/Social Issues

- Family problems/responsibilities
- Motivation
- Nervousness
- Physical illness
- Involvement in campus life
- Getting enough sleep
- Alcohol/drugs/environment
- Too much time on TV, video games, computer
- Roommate
- Financial
- Mental health
- Commuting
- Relationship
- Loneliness
- Rushing

Other:
Please indicate all Campus resources you have used.

☐ College Advising  ☐ Department Advising  ☐ Writing Center

☐ Disability Support Service (DSS)  ☐ Career Center  ☐ Math Department/Math Success

☐ Counseling Center/Mental Health Services  ☐ Health Center/Health Services  ☐ Resident Life

☐ Financial Aid/Student Accounts  ☐ Office of Student Conduct  ☐ Other:

☐ Office of Multi-Ethnic Student Education (OMSE)  ☐ Faculty/Staff

Which of the following academic policies are you aware of?

☐ Probation/Dismissal Policies  ☐ Repeat Policy: Total repeat credits allowed

☐ Repeat Policy: Forgiveness  ☐ Repeat Policy: Repeat by transfer

☐ Repeat Policy: Number of repeats per course  ☐ Withdrawal Policy

☐ Academic Clemency