The 2019 Psychology Career Exploration Night connects current students with UMD alumni and professionals working in career fields related to psychology. Each professional listed below will have a sign on their table and be given a name badge so you can locate them with ease. If you can’t find a professional of interest, check in with the registration table.

Review the tips on the back to ensure you make a positive first impression!

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**Education/Social Justice/Advocacy**
American Psychological Association, Senior Recruiter, Pierre Zamor
NAMI Maryland, Deputy Director, Elizabeth Bloom
University of Maryland, Student Affairs Administrator/Program Manager, Jessica Roffe *
Somerset Prep DC Public Charter School, Clinical Coordinator, Samantha McMahon *

**Industrial and Organizational Psychology/Human Resources**
Accenture, Consultant, Stephen Bryan *
Assessment, Education & Research Experts (AERE), President and Founder, Manny Straehle (Cancelled)
Beehive Businezz Consulting, President & Principal Business Consultant, Margaret Miller, MSOD
Kennedy Krieger Institute, Human Resources Generalist, Hayley Kantziper *
PhRMA, Talent Acquisition Specialist, William Meeder *
The International Public Management Association for Human Resources (IPMA-HR), Test Development Manager, Yari Randall *

**Research: Experimental, Neuropsychology, Other**
Center for Health and Homeland Security, Opioid Project Evaluator, Danyel Hafeez *
Children's National Health System, Clinical Research Assistant, Samantha Hamburger *
National Institute of Mental Health, Section on Development and Affective Neuroscience, Intramural Research Training Award Fellow (IRTA), Dominique Phillips *
National Institute of Mental Health, Post-Baccalaureate Research Assistant, Mary Tipton *
Uniformed Services University/Henry Jackson Foundation, Research Assistant, Ashley Phares
Uniformed Services University/Henry Jackson Foundation, Research Assistant Professor, Dr. Patricia T. Spangler *

**Clinical/Counseling/Mental Health Services**
Behavioral Health Partners, Mental Health Therapist (Offsite), Matthew Thomas *
Choice Clinical Services, Clinical Director, Jackie Fournier *
Choice Clinical Services, Clinical Director, Taylor Cole *
Community Crisis Services, Inc.Call Center Director, Jamieson Brill
Cornerstone Montgomery Inc., Recruiter, Amanda McMath
CSAAC, Psychologist, Larissa Reynolds
DC Scholars, School Counselor, Bruce Holmes
EveryMind, Human Resource Director, Kelly Collins
EveryMind, Volunteer Coordinator, Rameela Tuladhar
Jessi Collins Therapy, LLC, Psychotherapist, Jessi Collins *
Little Leaves Behavioral Services, Managing Director, Amie Perl
Potomac Pathways, Director of Mindfulness/Admissions Associate, Anthony Sartori *
Prince George's County Public Schools, School Psychologist, Emma Rathkey
Prince George's County Public Schools, Coordinator of Psychological Services, William Young *
PsycYourMind, Clinical Executive Officer, Crystal Joseph, LCPC-S, LPC, ACS
The Treatment and Learning Centers, Director, Testing, Tutoring and Counseling, Melissa Smith
YMCA Youth & Family Services, Director of RYS/CORE Counseling, Kimberly Nimmons *
YMCA Youth & Family Services, Outreach Coordinator, Javier Segovia

*Noted as Alumni*
Networking Tips

Make the most of this event by reviewing the tips below and asking great questions. Some alumni/employers may have specific positions to share, but all of the participants are excited to meet you and look forward to answering your questions.

Sample Questions:
- What do you like most (least) about your work?
- What are the entry level position titles in this field?
- What do you think are the most important skills to possess to be successful in this field?
- What made you choose the graduate (undergraduate) program you did? What did you like about it?
- Can you describe a typical workday or week?
- What type of education and experience do you need to remain successful in this field?
- What are the future career opportunities in this field?
- What are the challenges in balancing work and personal life?
- How is your organization supporting the recruitment of professionals from underrepresented groups?
- What advice would you give to someone trying to break into this field?

Questions for Alumni:
- Were there any classes or experiences you had at UMD that better prepared you for the field?
- Are there experiences you wish you had gained?
- Was your major directly related to your first position after graduation?
- When searching for your first position, what strategies did you find most helpful?
- Are there industry specific professional associations that you recommend joining?

Do’s & Don’ts
- Do keep one hand free so you can shake hands when necessary.
- Do be yourself and ask questions you have prepared ahead of time.
- Do bring a networking business card, if you have one, or copies of your resume (but only present it if requested).
- Don’t tell them your life story; you are dealing with busy people; get to the point and actually listen to what they say.
- Don’t go straight for the food! Follow others’ lead and partake in moderation.
- Don’t pass up opportunities to network, this event is for anyone interested in meeting new people!
- Be prepared to introduce yourself with a 30-second elevator pitch: name, major, interests, past experiences.
- Thank the alumni/employers for attending. Remember, peoples’ time is very precious and we are tremendously fortunate to have amazing alumni who volunteer to give back!

Quick Tips:
- Ask for advice—not for a position
  Your networking meetings should be a source of career information, advice and contacts. Start off the encounter with a firm handshake, eye contact and a smile. Focus on asking one thing at a time.

- Review the list of attendees and focus on quality—not quantity
  In a large group setting, circulate and meet people, but don’t try to talk to everyone. It’s better to have a few meaningful conversations than 30 hasty introductions. Don’t cling to people you already know; you’re unlikely to build new contacts that way.

- Ask for referrals
  The person you are networking with may not have a job opening, but he or she may know someone who is hiring. The key is to exchange information and then expand your network by obtaining additional referrals each time you meet someone new. Be sure to mention the person who referred you.

- Stay in touch with professionals
  Keep a list of your contacts and update it with the names of any leads given to you. Send a thank you note, email, or LinkedIn request within three days. Remind them how you met and if applicable, ask for a follow up conversation.

- Reach more professionals:
  Stay connected and research career paths using LinkedIn. Review tips at go.umd.edu/BSOSLinkedIn
  Locate more alumni volunteers on Terrapins Connect, go.umd.edu/ConnectAlum

This event is generously hosted by the University of Maryland's Undergraduate Department of Psychology. Cosponsors include Psi Chi Honor Society, Multicultural Association of Psychology Students (MAPS), and the University Career Center & The President’s Promise.