The Psychology Networking Night connects current students with UMD alumni and employers working in a variety of positions throughout the Baltimore/Washington DC Metro area.

When you enter the event, you will notice that the BRB Room 1103 and Colonnade has been divided into the areas listed below. Look for the colored balloons associated with your area of interest. Each representative will have a name badge so you can locate professionals with ease within each area. If you can’t find a professional of interest, check in with the registration table. Review the tips on the back to ensure you make a positive first impression!

**Clinical/Counseling/Mental Health Services** *(Colonnade- Red Balloons)*
- Behavioral Health Partners, Mental Health Therapist (Offsite), Matthew Thomas *
- College Living Experience, Social Support Mentor/MSW Student, Lisa MacHarrie *
- Community Crisis Services, Inc., Assistant Call Center Director, Jamieson Brill
- Cornerstone Montgomery Inc., Recruiting Manager, Helen Gillespie
- EveryMind, Manager, Crisis Prevention & Intervention Services, Indrani Dial-Maraj
- Fairfax County Public Schools, Licensed Professional Counselor, Brittany Karakostas *
- Family Services Inc.- Discovery Station Early Head Start, Bilingual Family Support Worker, Gabriela Arrazola Pulido *
- Little Leaves Behavioral Services, Managing Director, Amie Perl
- Little Leaves Behavioral Services, Regional Director, Justin Boyd
- Little Leaves Behavioral Services, Lead Therapist, Tina Dang *
- Metropolitan Behavioral Health Services, Executive Director, Makeitha Abdulbarr, LCPC
- NAMI Maryland, Administrative Coordinator, Elizabeth Bloom
- Providence Center Inc., Psychology Associate, Matt Perry
- Providence Center, HR Coordinator, Laura A. Pohlen
- The Treatment and Learning Centers, Director, Testing, Tutoring and Counseling, Melissa Smith
- YMCA Youth and Family Services, Mental Health Therapist/Program Director, Alexander Hammer *

**Educational & School Psychology** *(Gold Balloons)*
- American Institutes for Research (AIR), Managing Researcher, David Miller *
- Prince George’s County Public Schools, Coordinator of Psychological Services, William Young *
- QUEST Honors Program, University of Maryland, Higher Education Administrator/Program Manager, Jessica Macklin *
- Somerset Prep DC Public Charter School, School Social Worker, Samantha McMahon *

**Industrial/Organizational Psychology/Human Resources** *(Black Balloons)*
- Assessment, Education & Research Experts (AERE), President and Founder, Manny Straehle - Cancelled
- Assessment, Education & Research Experts (AERE), Senior Research Associate, Emily Kim *
- IPMA-HR, Research Associate, Yari Randall *
- Kennedy Krieger Institute, HR Generalist, Hayley Kantziper *
- Millennium Challenge Corporation, Managing Director, Human Resources, Brandon Guzzone *
- PwC, Experienced Associate, Stephen Bryan * - Cancelled

**Research: Experimental, Neuropsychology, Other** *(White Balloons)*
- American Institutes for Research, Research Assistant, Frank Torres Fonseca *
- Center for School Mental Health, Clinical Research Assistant, Taneisha Carter *
- Children’s National Health System, Clinical Research Assistant, Samantha Hamburger *
- National Institute of Mental Health, Section on Development and Affective Neuroscience, Intramural Research Training Award Fellow (IRTA), Dominique Phillips *
- Ocean Mammal Institute, Chief Operations Manager, Chelsey Gloor

*Noted as Alumni*
Networking Tips

Make the most of the Networking Night by reviewing the tips below and asking great questions. Some alumni/employers may have specific positions to share, but all of the participants are excited to meet you and look forward to answering your questions.

Sample Questions:
- What do you like most (least) about your work?
- What are the entry level positions called in the field?
- What do you think are the most important skills to have to be successful in this field?
- What made you choose the graduate (undergraduate) program you did? What did you like about it?
- Can you describe a typical workday or week?
- What type of education and experience do you need to remain successful in this field?
- What are the future career opportunities in this field?
- What are the challenges in balancing work and personal life?
- Which organizations have the best track record for recruiting minorities?
- What advice would you give to someone trying to break into this field?

Questions for Alumni:
- Were there any classes or experiences you had at UMD that better prepared you for the field?
- Are there experiences you wish you had gained?
- Was your major directly related to your first position after graduation?
- When searching for your first position, what strategies did you find most helpful?
- Are there industry specific professional associations that you recommend joining?

Do’s & Don’ts
- Do keep one hand free so you can shake hands when necessary.
- Do be yourself and ask questions you have prepared ahead of time.
- Do bring a networking business card, if you have one, or copies of your resume (but only present it if requested).
- Don’t tell them your life story; you are dealing with busy people; get to the point and actually listen to what they say.
- Don’t go straight for the food! Follow others’ lead and partake in moderation.
- Don’t pass up opportunities to network, this event is for anyone interested in meeting new people!
- Be prepared to introduce yourself with a 30-second elevator pitch: name, major, interests, past experiences.
- Thank the alumni/employers for attending. Remember, peoples’ time is very precious and we are tremendously fortunate to have amazing alumni who volunteer to give back!

Quick Tips:
Ask for advice—not for a position
Your networking meetings should be a source of career information, advice and contacts. Start off the encounter with a firm handshake, eye contact and a smile. Focus on asking one thing at a time.

Review the list of attendees and focus on quality—not quantity
In a large group setting, circulate and meet people, but don’t try to talk to everyone. It’s better to have a few meaningful conversations than 30 hasty introductions. Don’t cling to people you already know; you’re unlikely to build new contacts that way.

Ask for referrals
The person you are networking with may not have a job opening, but he or she may know someone who is hiring. The key is to exchange information and then expand your network by obtaining additional referrals each time you meet someone new. Be sure to mention the person who referred you.

Stay in touch with professionals
Keep a list of your contacts and update it with the names of any leads given to you. Send a thank you note, email, or LinkedIn request within three days. Remind them how you met and if applicable, ask for a follow up conversation.

Stay connected and research career paths using LinkedIn. Review tips at go.umd.edu/BSOSLinkedIn.

Continue asking alumni questions on Terrapins Connect, go.umd.edu/ConnectAlum.

This event is generously hosted by the University of Maryland’s Undergraduate Department of Psychology. Cosponsors include Psi Chi Honor Society, Multicultural Association of Psychology Students (MAPS), and the University Career Center & The President’s Promise.