The University Career Center & The President's Promise sponsors career shuttle opportunities for students to explore a workplace in a small group setting, to get a sense of organizational culture, and to expand their professional network.

**Introduction**
Cornerstone Montgomery empowers people living with mental health and co-occurring mental health and substance use disorders to live, work and integrate successfully within the community.

Cornerstone Montgomery is an independent, nonsectarian, nonprofit 501(c)3 organization with the capacity to serve more than **2,200 adults and transition aged youth**. We specialize in the provision of comprehensive, community- and evidence-based mental health and co-occurring mental health and substance use disorder treatments and interventions. Serve on communities members with a demonstrated need, currently on Medicaid.

**Opportunities**

**Internships**: at Cornerstone Montgomery offer opportunities for people with diverse skills and educational goals. Unpaid graduate and undergraduate internships and externships may be started at any time during the year.

**Employment Opportunities**: Cornerstone Montgomery is always seeking qualified candidates to join our team and support our mission to empower people living with mental health and co-occurring substance use disorders to live, work, and integrate successfully within the community. Licensed supervision is provided for those accepted candidates who require it to satisfy school or licensure regulations.

**Volunteer**: Cornerstone Montgomery relies on volunteers like you to help serve Montgomery County's most vulnerable citizens. The vision of Cornerstone Montgomery's Volunteer Program is to afford individuals (and groups!) the opportunity to participate in our mission. As a volunteer, you will enrich the lives of our clients and enhance the work that we do every day! Together, we will help create a stronger, healthier community!

**What can I do to prepare for a career at Cornerstone Montgomery?**
- If you speak another languages, you will be very marketable in the behavioral health field.
- Desperate need for nurse practitioner and psychiatrists.
- Display an interest in working in behavioral health by volunteering at community organizations.
- Residential Programs, seek candidates who are interested in every work day including variations.
- If you are just starting out, research positions in the Career Transition Program. They tend to favor hiring younger staff, because it is easier to relate to the youth.
Residential - guest speaker, Lauren Brown
- Services clients on site. Includes two areas, with the addition of socialization activities.

Two levels:
- Intensive level- patients are referred from hospitals or a state psychiatric units.
- General level- when patients master the skills from the intensive program, they enter this program. It includes more independent living, help the patients locate jobs, etc. They focus on what the patient wants to do and help them with the steps to reach their long term goals. The house is tucked into the community.

Special programs:
- Dialectical behavioral therapy -have to have a borderline personality to be a client.
- They seek staff who are interested in have a different day every day.

Foundations - guest speaker, Zach Berman (UMD Alum, 2013)
- Clients can practice the skills they are learning. The team designs programs and activities to help them practice their skills or focus on their goals. A huge part of the program is to offer a chance to interact with others.
- Encourages bachelor degree candidates to consider positions at CM because it has allowed him time to get to know people in the field and test out his interest. Zach has benefited from working with clients individually.

Studio Insight - guest speaker, Tessa Barr
- All of the art in the building was created by the clients. The program started 11 years ago. They have a partnership with a museums where work is featured. All the sales go back to the artist so it is a vocation type.
- Art is a really great coping skill in general and it has been very well received.
- Positions: internships in art are offered.

Vocational - guest speaker- guest speaker (TBD)
- All about helping clients land jobs. They partner with the community to build relationships with the people in the business community
- Includes 65 staff on 8 teams.
- Average across the county is 15 % employment rate for persons with a disability. Cornerstone Montgomery has a 70 % employment rate!

Montgomery County Case Management - guest speaker, Caryl Cabrera (UMD alumna, PSYC and attended grad school while working at Cornerstone Montgomery to get the required professional hours for a MSW).
- First step to introducing the community to services, especially if the person does not have Medicare. They will help clients research Medicare and gain access to services. Clients don’t need insurance to use this service.

Clinic - guest speaker - Vicki Rodriguez, Kelly Gill (UMD alumna and has a graduate degree)
- The three clinics include 15 therapists and several prescribers. Serves close to 2,000 clients.

Assertive Community Treatment - guest speaker, Katie Kirk (SOCY and Business, UMD alumna)
- Team includes- 2 social workers, 3 nurses, Admin positions, peer counselor, 2 job coaches, 2 substance abuse counselors
- New program, but this type of treatment has been around for a while.
- Meet with clients two times a week to offer coordinated services. Goal- work on skills so that clients can improve to be more independent.

Crisis Services - guest speaker, Sharon Fischman
- Crisis program- alternative to hospitalization program- staff work 24 hour schedules - 2 people on site at one time...includes 3 houses now.
- Goal- Teach clients to learn a how to share their thoughts, feelings.

Supported Living - guest speaker, Kate Little or Maggie Chlebowski
- These clients have their own space and this program offers a little extra support. They discuss long term personal goals. Sometimes the staff takes them to doctor appointments, but overall they encourage an living independent status.
Integrated Health - guest speaker, Whitney Reigel, Chuck Sneiderhan

- Health is usually poor for persons with mental health issues.
- 250 clients are helped through the program- includes nurses to help clients understand what is going on in their body.

UMD students visiting Cornerstone Montgomery.

October 6, 2017